



GIRL GUIDES  
AUSTRALIA  
VICTORIA

# RECHARGE IN THE RIVER REGION

STATE CAMP FOR GIRLS AGED 14-17

HOSTED BY RIVER REGION

Friday 13 July - Sunday 15 July 2018

Koolamurt Scout Campsite

44 Mandurang Rd, Spring Gully

Information booklet for parents/guardians of youth aged 14 to 17

Girl Guides aged 14+ from across the state are invited to come along to our inaugural River Region Ranger Camp! We will have fun at some off-site activities, have a go at some alternative methods of cookery, learn about expedition camps, watch movies, cook meals, relax, and have fun with new and old friends.

## When:

10.00 am Friday 13 July –  
1.00 pm Sunday 15 July 2018

## Where:

### Koolamurt Scout Campsite

44 Mandurang Rd  
Spring Gully  
Bendigo



## Cost: \$70

### INCLUDED:

- Indoor accommodation
- All meals (Friday lunch to Sunday lunch)
- All 'no cost' activities

### NOT INCLUDED:

- Some Saturday activities (listed below)
- Breakfast on Friday morning (camp starts at 10.00 am on Friday)

## Registration: [www.guidesvic.org.au/upcomingevents](http://www.guidesvic.org.au/upcomingevents)

Please ensure you have the following on hand:

- Login details (ID and password)
- Information about dietary, health, and special needs
- Activity choices for Friday

Registrations will close at midnight on Monday 2 of July, or sooner if the event reaches capacity (30 participants). No late registrations will be accepted.

If you do not receive an email acknowledging receipt of your registration, please contact [support@guidesvic.org.au](mailto:support@guidesvic.org.au) or call (03) 8606 3500.

Additional permissions for adventurous activities will be emailed post registration if required.

## Accommodation Arrangements

All participants will be sleeping indoors. Youth members will not be sleeping in the same room with adult members as per our Child Safe policy.

## Transport Arrangements

Private travel to and from camp. Please arrive between 10.00 am and 12.00 pm on Friday. Pick up is at 1.00 pm on Sunday.

Travel to and from activities on Friday will be in mini buses driven by full licenced Girl Guide Leaders.

## Friday Activity Choices and Additional Costs

Activity	Description	Additional Cost
Horse Riding	Enjoy a 1-hour horse ride suitable for all abilities.	\$45
Roller Skating	Enjoy a 2-hour session of roller skating at a local roller skating rink.	\$15
Pottery	This exciting activity includes a wheel throwing lesson, museum, and hand building with clay.	\$30
Bushwalking	We all love a good hike! This basic hike will allow you to enjoy the surrounding area while meeting new friends.	Nil

## Health and First Aid

There will be a fully qualified First Aider on duty at all times during the camp.

Girl Guides Victoria relies on the information from a Guide's profile on our database regarding medical and developmental support needs to plan staff ratios at events. Please ensure this information is up-to-date online upon registration. Camp staff will phone parents to discuss health or developmental needs in the week prior to the event if required.

Camp staff will make every possible effort to accommodate a Guide's physical and mental health needs, or special support required, if disclosed on registration and discussed with the camp staff prior to the event. If a Guide arrives at camp with a support requirement for which the volunteer staff have not prepared, or for which the volunteer staff are not trained to safely cater, the Guide will likely not be able to stay at camp.

Upon sign-in, Guides must provide the First Aider with a copy of any health management plans listed on the Health Form (e.g. asthma management plan, anaphylaxis management plan etc).

Parents and guardians may give their Guides permission to self-manage analgesics (paracetamol and ibuprofen) and antihistamines by indicating this on the health form and on registration. Otherwise these and all other medications must be handed in at sign-in to the First Aider. Please ensure all medications are listed on the Health Form, and are in original packaging in a snap-lock bag clearly labelled with the Guide's full name and dosage instructions.

Medications handed in will be available for collection from First Aider from 1.00 pm on Sunday.

Please note that GGV volunteers are not permitted to issue any medication to participants without the consent of their guardian.

If you have questions, or require wheelchair access or other support, email the event Leader in Charge Belinda at [wayneandbel@gmail.com](mailto:wayneandbel@gmail.com) as early as possible. We are happy to help!

## Technology – electronic devices and mobile phones

Girl Guide events are great opportunities to spend time with friends, get to know others, and enjoy all the amazing experiences on offer. We strongly encourage Guides to think about whether devices are needed for this event, and note that GGV can't take responsibility for their safekeeping.

If Guides do have electronic devices, Girl Guides Victoria requires the following:

- When participating in activities, phones are put away
- Cameras are not used in sleeping areas
- Permission is always sought before photos are taken and posted
- All posts are made with respect to our Guide Law to 'respect myself and others'

In light of today's ubiquitous availability of cameras and social media choices, GGV cannot monitor and are not liable for any photos youth share.

If you have any questions regarding this, or if there are specific legal issues regarding custody or safety with respect to photos, please contact [wayneandbel@gmail.com](mailto:wayneandbel@gmail.com).

## Conditions of attendance

All participants must be current members of Girl Guides Victoria and be registered for the event. All youth participants are expected to be at the event from Friday morning (sign-in between 10.00 am and 12.00 pm) to Sunday afternoon at 1.00 pm. All participants will abide by the camp rules as outlined at the beginning of camp and the conditions of property use as outlined by Scouts Australia.

## Supervision and Security

Guides will be supervised by Leaders who have Police and Working with Children Checks in line with our Child Safety Policy. All activities and event supervision is overseen by the Leader in Charge, Belinda Pritchard, and the organising team. More information about our Child Safe Policy can be found here: <http://bit.ly/GO44ChildSafeFramework>

All third parties providing activities are required to implement their own compliance checks with their staff.

## Contact for parents during the event

If you require an urgent emergency message to be given to a Guide during camp, please call Belinda Pritchard on **0408 342 593**. Parents and guardians are asked to refrain from contacting Guides during the event as it is disruptive and may cause homesickness.

## Kit List

Required	Description or notes
T-shirts	Must have sleeves; collars preferred
Pants/Shorts	No short shorts: preferably mid-thigh or longer
Jumpers/Hoodies	
Socks	
Underwear	
2 x Sturdy shoes	Not sandals, open-toed shoes, or thongs
Toiletries	Including toothpaste, toothbrush, hairbrush, and sanitary items as required
Towel	
Plastic bag	For wet and/or dirty clothes
Torch with spare batteries	
Dilly bag/Plate bag	In a drawstring bag, NOT a plastic or recycle shopping bag, containing named, unbreakable kit: 2 plates (one dinner sized); 2 bowls; 2 mugs; 2 sets of knife, fork, spoon; 2 tea towels
Sleeping bag	
Camp blanket or blanket	Preferably woollen for fire safety reasons
Single fitted sheet	
Pillow	
Day pack	E.g. a small backpack
Waterproof jacket	Must be waterproof; not a spray jacket
Drink bottle	Min 600ml capacity
Sun hat and beanie	
Sit-upon	Small square of waterproof material, tarp, or groundsheet for sitting on the ground
Personal first aid kit	Including sunscreen, roll on insect repellent, band aids, etc.
<b>Optional</b>	
Camera	
Book	
Thongs	For use in the shower only
Small Teddy Bear	
<b>Horse Riding Activity</b>	
Long pants	Jeans or tracksuit pants
Shoes with a small heel	E.g. riding boots, hiking boots, runners with arch support