

# GUIDES DISCOVER

This newsletter is created by the State Program team- the editor for this edition is Youth Member Michelle, with various articles from Guides across the state, and it is just for Guides!

## Welcome Back to Term 1!



## Night Ideas for Term 1

- ▶ Clean Up Australia Day
- ▶ Science Experiments
- ▶ Teddy bear Picnic
- ▶ Chinese New Year
- ▶ Cake/Cupcake decorating
- ▶ Easter crafts night



## Unit Snapshot

Meet Langwarrin Girl Guides! They are a unit for 5-7 year olds, and they meet every Monday. Some of the awesome things that they do are sleepovers, Fundraising for their local community, disco nights, and work on badges .

Thanks to Ashley C for contributing

**Girl Guides Victoria**



## Upcoming Events

- ▶ Girls Rock- February 2 (13+) Register now at <https://www.guidesvic.org.au/2018/11/08/girls-rock-2019/>
- ▶ Thinking Day- 22nd February
- ▶ Eastern Region Camp 2019, Tuesday 9- Sunday 14 April (Eastern Region guides only) Register now at <https://www.guidesvic.org.au/2018/09/27/eastern-region-camp-2019/>
- ▶ FLY- Fun Leadership for Youth, April 5-7 (14+)
- ▶ Sunship Earth, 7-12 April 2019 (grade 5 and 6)
- ▶ Snoozefest at Luna Park, 4-5th May (9+)
- ▶ Apply now for the Melbourne Gang Show! Visit <https://www.gangshow.org/apply>
- ▶ There are also many international events taking place soon in locations like Sangam in India, Poland, Our Chalet in Switzerland, and in Japan! Check out <https://www.guidesvic.org.au/category/events/current-international-events/>

## Britannia Park turns 80!

By Michelle G, Sunbury Bluebell Rangers

On October 28, Britannia Park was officially opened on its 80th birthday! The opening ceremony was a wonderful event, with perfect weather and a variety of different activities such as a rope bridge, splat the rat, and giant snakes and ladders. In honour of its birthday and official opening, here are some fun facts about the 18 acre park...



- ▶ Brit Park was never officially opened! It was scheduled to open in 1939, but the ceremony was postponed due to bush fires. Then World War II started and the opening ceremony had to be cancelled altogether.
- ▶ It is home to a family of kangaroos, plenty of possums and you might even be lucky enough to see a koala!
- ▶ Some of the awesome treasure troves of Brit Park is that there is a Chapel where people sometimes get married, tree houses you can sleep over night in, the Lady BP tree, and there is even a swimming pool, but unfortunately it's filled with goldfish now.
- ▶ In the olden days, Britannia Park had a cow so you could always have fresh milk on camp, as there was no such thing as fridges or long-life milk.

## Badge Ideas

If you are thinking of starting a new create badge this term, here are some cool ideas...

- ▶ **ADVOCACY:** Find out about the United Nations, Make an iMovie about someone who advocated for their beliefs, Learn about Australia's right for women to vote, Speak to your unit on something you believe in
- ▶ **EARS:** Make a telephone out of plastic cups, learn some Auslan, play Chinese whispers with your unit, make earrings
- ▶ **NUMBERS:** Learn a magic trick that uses numbers and teach it to your patrol, create your own fake currency, learn the divides tables, learn to count to in another language

## Rachel's Tips

Rachel G, Sunbury Kamballa Guides

### 5 Tips to be a Better Leader

#### 1. Become a great

**communicator.** A great leader is always a good communicator- not only as a speaker but as a listener.

#### 2. Give freedom and be

**flexible.** As long as people know how to get the job done, stay out of their way. A leader who gives people freedom and flexibility gives people room to work in whatever way works for them.

**3. Give trust to earn trust.** When you trust someone, you give them a message that you believe in them and have confidence in them.

Through this, they are more inclined to trust you.

**4. Show compassion and care.** Compassion helps to break any gaps between people as it shows them that they really do care. Leader's who show compassion are the most admired.

**5. Have fun!** A good leader is always a fun one. No one likes a grumpy leader, so if you want the people to like you, have fun!



## Travel With Guides

Do you want to travel to new places and meet people from across the world? Some upcoming international camps you can go on are..

- ▶ Essenes of India, Sangam (16+) <https://www.guidesvic.org.au/2018/11/15/sangam-india-essence-of-india-i-and-ii-2019/>
- ▶ European Jamboree 2020 (14+) <https://www.guidesvic.org.au/2018/11/26/european-jamboree-2020/>
- ▶ Our Cabana Mexico: Summer Friendship 2019 (14+) <https://www.guidesvic.org.au/2018/12/03/our-cabana-mexico-summer-friendship-2019/>
- ▶ Switzerland & UK: A European alternative to Schoolies 2019 (17-19) <https://www.guidesvic.org.au/2018/12/16/switzerland-uk-a-european-alternative-to-schoolies-2019/>

And more, go to <https://www.guidesvic.org.au/category/events/current-international-events/>

## WELL DONE TO QUEEN'S GuideS OF 2018!

On October 27, 11 Guides were presented with their Queen's Guide awards at Government house. Each of them deserve a big congratulations for all of the hard work that went into achieving the award. Here is a piece written by one of the Guides who received the award at this ceremony...

My name is Udeni Undugodage, I am a 16 year old ranger girl Guide with the 3<sup>rd</sup> Box Hill Guides and this year I completed my Queen's Guide Award. This Award is the peak achievement award in Guides. It is an amazing opportunity for extraordinary personal development and greater self-awareness. It consists of you completing numerous challenging activities in regard to various topics and maintaining an interest and focus for a certain time period.

My favourite activity I did was coaching youth basketball. It was challenging because they don't always listen and you have to be extremely patient but every training I attended, I always tried my very best. For my interest, I sang in my school choir, where we then travelled to New York to perform at Carnegie Hall. I then did the Special Focus, where I focused on French. After learning the language, I travelled to New Caledonia. Here, I attended a French speaking school every day and I was able to embrace the French culture. During the process of my Queen's, I saw myself develop as a person. After volunteering my time to help others, I learnt the importance of caring for others. To be a part of a community where I was able to help others was very rewarding.

To celebrate the completion of my Queen's, I attended a ceremony at Government House, where I was awarded my certificate by the Governor General of Victoria, Linda Dessau AC. I felt incredibly honoured and it was a day that I will remember forever. I highly recommend that every girl Guide should give their Queen's a go. Additionally, I would love to chat with anyone who has any questions or who wants advise so please feel free to contact me on my email [UND0004@balwynhs.vic.edu.au](mailto:UND0004@balwynhs.vic.edu.au).



## Youth Program Opportunities

Are you aged 14+? Do you want to be on the State Program team, and do awesome things like Michelle has done in creating this newsletter? You could do things like promoting events and badges to Guides, and connecting with Guides across the state to start new programs. If this sounds interesting to you, you can send an email to [program@Guidesvic.org.au](mailto:program@Guidesvic.org.au). You may have also seen recently that there have been 14+ youth members on state event committees, like Snoozefest and Snoozarella- if you'd like to get involved watch this space, or email the program team.

For any Guide- if you would like to write an article in this newsletter, send an email to the program team to see if you can get involved...



## Ideas for Service Projects

Did you know that if you organise and run a service project, it can count towards earning your BP award! Here are some cool ideas:

- ▶ Collect Easter chocolate to donate to your local food bank
- ▶ Collect glasses to donate to the Lions Recycle For Sight- <http://lionsclubs.org.au/activities/health/vision-hearing/recycle-for-sight/>
- ▶ Collect mobile phones to help save gorillas- <https://www.zoo.org.au/get-involved/act-for-wildlife/theyre-calling-on-you>
- ▶ Teach or invite someone to teach your unit how to knit or crochet, and create winter woolies for Knit One Give One to donate to homeless people- <http://www.kogo.org.au/>



## What is Rangers?

Clare D, Bunyip Guides

"So, what do you do at Rangers?"

This is a frequently asked question whenever I tell someone I am a Ranger, and one that I find a little difficult to answer. The thing is, we do so many different things every week, it is hard to give people an overall picture of what we do. So I've decided to list some of the things we have done this past year, to give people a view into what being a Guide is like, and also to act as an inspiration for other Ranger or senior Guide units as to what they could do as a unit each week.

- Watched each others' school productions
- Bring-a-friend campfire night, organised by Eva as part of her queen's Guide. We played some games, sung campfire songs and had a s'more MasterChef competition.
- Trivia night against the Olaves, quizzing ourselves on a variety of topics and having some snacks.
- Completed our wheels badge by learning about and performing car maintenance, as we all are or will soon be getting our L's and beginning to drive.
- Achieved a variety of Create a challenge badges as a unit. We each brought in an activity we planned individually and completed them as a group so we would all achieve the badge.
- Made unit tee-shirts using shibori methods we learnt about when doing our arts Explore a challenge badge.
- Dressed up and gone to Mcdonalds for occasions such as Halloween and Christmas
- Gone lightweight camp cooking in the park to prepare for unit hikes we are planning for our queen's Guides.
- Tried geocaching in different places to learn some map reading skills.
- Had a MasterChef night where we began at a supermarket and were told a theme by the leaders. We then had to buy our ingredients for a 3 course meal without going over budget, return back to the hall and cook our meals. Our theme was Wizard of Oz and we came up with some very interesting meals.

## Pen Pals Postbox

Would you like a Girl Guide pen pal from another part of the world? You could find out what girls your age like to do in another country, the food they eat, the way they dress, sports they play, as well as what they do in Guides, and so much more! You can learn from your Pen Pal and your Pen Pal can learn from you. Who knows one day you may even meet your Pen Pal! Above all you and your Pen Pal are connecting and being part of the spirit of Guiding. If this sounds awesome to you, speak to your leader to get involved!



## Facts about the World Centres

- ▶ The name Sangam means Coming together
- ▶ Cabana means Cabin
- ▶ The buildings at our chalet are recognisable because of their pointed roofs
- ▶ Kusafiri travels all around Africa
- ▶ There have been 3 world centres located in England, called Olave house, Pax Lodge, and Our Ark.
- ▶ Kusafiri means "to journey" in swahili
- ▶ Our Chalet was built in 1932
- ▶ Pax means Peace
- ▶ The Our Cabana song was written using the melody of a traditional Mexican birthday song
- ▶ In 2015 the pool at Sangam was rebuilt, funded by donations who got their name engraved into the tiles.



# FUN STUFF

## JOKES

What do you call a chicken crossed with a lettuce?  
*Chicken Sees a Salad*

What's a pirate's favourite letter?  
*You'd think it'd be RRRR but it's the Cs he really loves!*

What do you call a cow with no legs?  
*Ground beef!*

What did the Burger call her daughter?  
*Patty!*

Why was the doctor very calm?  
*Because he has a lot of patients!*

Two Baked Beans went hitchhiking around Australia. They ended up in Cairns!

Why did the nurse need a red pen at work?  
*In case she needed to draw blood!*

Why did the banana go to the doctor?  
*Because it didn't peel well!*



E C L G X C R S L P  
 H R Q R L I D E E M  
 M P U Z I N K I A A  
 G S N T E G Y K D C  
 M U C I N Q N O E L  
 F G R N F E G O R K  
 G F A K Y U V C M X  
 C O O K I N G D L I  
 J Q G D Z L K A A P  
 U X E T F A R C G F

## WORD SEARCH

- ADVENTURE
- CAMP
- COOKIES
- COOKING
- CRAFT
- FRIENDS
- FUN
- GIRL
- GUIDE
- LEADER

## RIDDLE

There are three rooms and you must enter one. The first is a 100,000 metre drop, the second is on fire, and the third contains lions that haven't eaten in years. Which do you chose?

The third, because the lions would have starved to death!

## SPOT THE DIFFERENCE

There are 15 differences to spot in this awesome picture, created by Elenor B, aged 10 from Altona Sugargum Guides

