

Hume Region Survivor Camp

What to Bring – the ‘Kit List’

It is recommended that Guides do not wear their ‘best clothes’ to camp. Guides need to be prepared for all weather conditions, and wear sturdy shoes. Please remember to label all items, as this makes returning lost property so much easier!

In a small backpack Guides can carry themselves...

- Health Form, Health Management Plan, and Medication (as needed) - to be handed in on arrival
- Waterproof jacket (preferably with a hood) OR warm jacket with a waterproof poncho (Woolworths and Big W have them for about \$5)
- Small torch and spare batteries
- Water bottle - at least 600ml, pre-filled with water
- Notebook and small pencil case with writing pens/pencils and coloured pencils
- Personal sunscreen & insect repellent - **please no sprays/aerosols**
- Lip balm
- A ‘sit-upon’ - square of thick plastic, big enough to sit on while on the ground
- A bucket hat or soft hat with a brim
- Book to read - optional

Dilly Bag/Mess Kit/Plate Bag - in a drawstring bag

- Large plate (2)
- Side plate
- Bowl (2)
- Cup
- Knife & fork
- Desert spoon
- Teaspoon
- Tea towels (3)
- Chux (2)
- Lunch box - large enough to put a sandwich/roll and snacks in

In a large bag Guides can carry themselves...

Clothing

- Please check the weather forecast and pack appropriately. We will be camping in the hills and it can get quite cold at night-time.
- Shorts (1 pair) - no short shorts
- Long pants, jeans, or tracksuit pants (2 pairs)
- Warm jumpers/polo fleece (2)
- Long-sleeved t-shirt/skivvy (2)
- Beanie/Gloves/Scarf (for evening activities and cold weather)
- Sun hat
- Towel
- Toiletries - toothbrush/ toothpaste/floss, hairbrush and hair ties etc.
- Thongs (for showering only)
- Spare pair of sturdy shoes (in addition to shoes worn to camp) - gumboots/waterproof boots are appropriate
- Pyjamas (warm)
- Socks (3 pairs)
- Underpants (3 pairs)
- Garbage bags (2)
- Dirty clothes bag
- Shower cap
- Sanitary items (if required)

Sleeping Gear - may be made up into a separate bed roll

- Indoors (ages 5-9):
 - sleeping bag + extra blanket if needed
 - pillow case
- Outdoors (ages 10-17):
 - sleeping bag suitable for outdoors
 - sleeping mat & ground sheet/tarp OR swag
 - pillow & pillow case
- Camp blanket & additional blanket (preferably wool)
- If making a bedroll: rope to tie it up
- Small teddy/toy (optional)

Please label everything clearly with your Guide’s name!