



STEM Like a Girl... AGAIN!

State STEM Camp for Guides aged **7-10**
at Mittagong Campsite, Lara

Friday 15 to Sunday 17 November 2019



The Basics

What

STEM camp is a two-night indoor camp for Guides aged **7-10 years** with an interest in science and technology. Camp will be packed full of experimenting, fun, and new experiences. The camp is designed to give Guides an opportunity to try out a range of science and technology activities in an informal learning environment.

This camp is partially funded by a STEM Grant awarded to Girl Guides Victoria by the Department of Industry, Innovation and Science (federal government) to encourage girls' participation in STEM education.

When & Where:

6.00 pm Friday 15 November to 2.00 pm Sunday 17 November

Girl Guides Victoria STEM like a Girl camp will be held at Mittagong campsite, 2 Rennie street, Lara. Mittagong is just 45 minutes from Southern Cross station or 15 minutes from Geelong by train.

Cost: \$80 (covers accommodation, food, camp activities, and volunteer expenses).

All Guide camps are staffed by experienced and trained volunteer Guide Leaders who donate their time at no cost.

Enquiries

All enquiries: support@guidesvic.org.au or (03) 8606 3500

Please note that STEM Like a Girl in November 2019 is not suitable for Guides who attended the previous STEM Camp in June 2019.

How to Register

Registrations are strictly online at www.guidesvic.org.au

Please have your Guide's login details (member ID and password), dietary requirements, and any information on special needs your Guide may have. If you do not receive an email acknowledging receipt of your registration, please contact support@guidesvic.org.au or call (03) 8606 3500 as soon as possible.

Registrations close at 11.59 on Monday 14 October 2019 or when full – whichever is earlier

As volunteers assess each registration to plan for the camp, late registrations cannot be accepted.

Arrival

Arrival at STEM camp is...

From 5.30 pm to 6.30 pm on Friday 15 November

Signing in at camp

On arrival Guides, will be directed to the sign-in area with all their gear. Accompanying adults will need to sign the Guides in and hand in Health Forms, medications, and health management plans. Parents are expected to sign their daughters in, and then say goodbye. Guides are expected to be able to make their own beds.

Departure

STEM camp ends at 2.00 pm on Sunday 17 November

Departure should take place between 2.00 pm and 2.15 pm on this day.

Adults MUST sign out any girls they are picking up.

Conditions of Attendance

All participants must be current members of Girl Guides Victoria.

STEM like a Girl camp is designed for girls to attend the entire camp. While exceptional circumstances may be considered, late arrival or early departure is not generally possible.

To run a safe and fun camp, and accommodate as many special needs as possible, our staffing ratios are planned out in advance. Events are designed and run by trained volunteers who often need time off work to support the event; we generally cannot add staff at the last minute. In this light, it is a condition of attendance that any medical needs or special support needs be made clear to us on application. If your Guide arrives at the event with a special need that was not disclosed and planned for in advance, or would change our support ratios, your Guide may not be able to stay at camp and may be sent home with you. To avoid any disappointment at the last minute, please ensure that we know everything we need to know about your Guide on application.

Camp Leaders will contact parents/guardians to follow up with identified special needs, allergy management, and general health plans noted on application to ensure all girls have the best possible camp experience.

At Camp

Getting to Camp

Mittagong Campsite is situated at Lara, just 45 minutes from the centre of Melbourne and 15 minutes from Geelong. Parents/Guardians are responsible for getting their Guide to camp. Options include private car, or V-line train. The campsite is just 200 metres from Lara Train station.

Food

Guides are not permitted to bring any food to camp. There will be Guides attending with allergies, and we would hate for their enjoyment to be unintentionally impacted by someone else's 'treat.' We will provide plenty of great food at camp for everyone.

Bedrooms & Beds

Sleeping arrangements at camp will be in small bunk dormitories. Prior to the start of camp, all girls will be assigned to a dormitory.

We will endeavour to place each Guide in a room with at least one other member of her Guide Unit if others from her Unit are attending. Please note it may not be possible for us to place all Guides from the same Unit into the same bedroom. Remember: camp is also about making new friends!

At Girl Guides, our Child Protection Policy requires that Leaders have designated sleeping areas separate to the girls.

Supervision

Supervision will follow Girl Guides Victoria's standard staffing ratios for overnight and adventurous activities. There will be at least five Leaders on camp at all times.

Behaviour Support and Management

As a Girl-Led organisation, we believe that jointly developing an understanding of what the camp rules are is important. At the beginning of the camp, the Guides and Leaders will work collaboratively to establish agreed behaviour guidelines. An inclusive and positive participant interaction will be encouraged and fostered amongst all attendees. Trained staff will be available at all times to work through and reflect on any issues that may arise. Whilst we will endeavour to avoid the situation, if a Guide cannot abide by the agreed group guidelines and this is having a significant impact on the camp experience for her and others, she may be asked to return home at parent's expense.

Parent Contact

Post-registration, you will be provided with a contact mobile number for camp. If you need to make contact during camp, please ring this contact number. Be aware that Leaders will be working closely with the Guides and don't always hear their phones.

If your Guide carries a mobile phone, please refrain from contacting her during camp as it may cause her or other Guides to feel homesick.

Mobile Phones/ Technology/ Valuables

STEM camp is all about science and technology. It is also designed as an opportunity to get to know others, enjoy fun activities, and experience the outdoors. If a mobile phone is brought to camp, we ask that this be handed in to the Leaders or be put away during activities. We ask that electronic games, and other devices stay at home.

Cameras are not permitted in bedrooms/sleeping areas, and are held at the Guide's own risk. Girl Guides Victoria cannot monitor or take responsibility for photos that participants may take and publish themselves.

Pocket Money

There is no need for pocket money at camp, and we ask that it be left at home.

Health & Wellbeing

First Aid

The staff at camp include a trained, designated First Aider to attend to basic first aid needs and minor mishaps. If in her opinion your Guide becomes too ill to remain at camp, you will be contacted on the emergency number you provided to arrange for a pick up.

Medication & Management Plans

All personal medication must be handed in on arrival at camp with the First Aider. Medication should be in its original packaging, in a snap-lock bag, and labelled with the Guide's name and dosage instructions. For her protection, no medication, including analgesics, will be given unless it is registered in this way. All medication must be itemised on the 'Health Form' (to be emailed out prior to camp) handed in on arrival. You must also bring a current management plan for any medical, mental health, or wellbeing concerns listed on the Health Form (e.g. asthma, anaphylaxis, Autism Spectrum Disorder or Asperger's, anxiety, etc.).

Medications can be collected at the end of camp from the First Aider.

Allergy & Dietary Management

Please provide detailed information on any allergies or dietary requirements your Guide has on the Health Form, and review these at sign-in with the First Aider. Please be specific about food or allergies that cause anaphylaxis, as distinct from food intolerances and preferences. Leaders manage on average 15 types of allergy or food intolerance at each camp and it is critical we have the right information and understand the severity and treatment for any allergy.

Self-Care Expectations

In line with our Child Protection Policy, Guide Leaders are expected to respect the privacy of all girls and allow them to shower, dress, and manage personal hygiene without adult supervision.

Camp Courtesy

As with all Girl Guide events, we expect that all participants will live by the Guide Promise and Law throughout the camp. This includes working as a team member, helping out, and looking after one another.

We expect that all participants will:

- Challenge themselves to try new things
- Take responsibility for themselves and their possessions
- Treat others, their possessions, and themselves with care and consideration
- Remain with the group and within the boundaries of each camp or activity site
- Respect each other and the environment

Bedtime

A key part of camp courtesy is bedtime, which enables all Guides to rest sufficiently, and provides a small window of time for volunteer Leaders to regroup and prepare for the next day. Bedtime routine will start at 8.00 pm, with final 'Lights Out' at 9.00 pm.

Kit List

Please bring/wear your Guide uniform. It makes for much better photographs and has been designed for active use. However, Guides need to be dressed for the weather conditions and wear sturdy shoes.

It is recommended that your Guide packs her own bags, so that she knows where to find things in her bag. We suggest packing clothes in zip-lock bags labelled with each day of the week (e.g. Saturday, Sunday), and one labelled 'Spares'.

In a small backpack Guides can carry by themselves...	
Heath Form, medication, care plan	To be handed in upon arrival at camp
Waterproof jacket	<i>Must</i> be waterproof with a hood, and is recommended to be long enough to sit on
Small torch and spare batteries	
Water bottle	At least 600ml, and pre-filled with water
Personal sunscreen & insect repellent	Please no sprays/aerosols
Sun hat	Preferably wide brimmed
Book to read	OPTIONAL
In a large bag Guides can carry or push by themselves...	
Pillow	
Sleeping bag	
Fitted sheet	Single bed sheet for use on bunk beds
Blanket	Preferably wool (for fire safety reasons)
Inner sheet	OPTIONAL
Small teddy or toy	OPTIONAL
Towel	
Toothbrush and toothpaste	
Hairbrush and hair ties	As necessary – hair at camp needs to be tied up
Sanitary items	If required
Pants, jeans, track suit pants, shorts, or skirt (2 pair)	
T-shirts (3)	<i>Must</i> have sleeves, and collared is preferred
Warm jumper (1)	
Socks (4 pairs)	
Underpants (4 pairs)	
Pyjamas	
Spare pair of shoes	Gumboot/waterproof boots are appropriate
Slippers	

Please remember to label all items, as this makes returning lost property so much easier!