

CREATED BY GIRLS, FOR GIRLS

GUIDING, IN YOUR POCKET!



How to create a finger and hand print painting

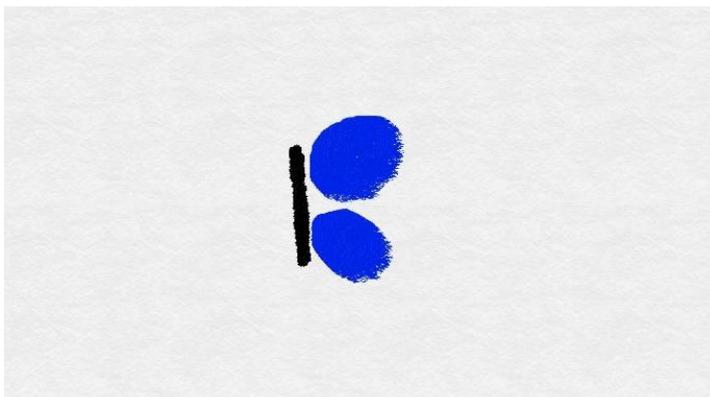
Materials

- White poster paper
- Acrylic paint in your choice of colours
- Paint palette
- Paper towels for cleaning
- Water container
- A large tray or splash mat to prevent mess
- Small paint brush

Directions for a butterfly painting - Do this outside!

1. In the large tray (or on an old table or place down newspaper or plastic splash mat) place the paper.
2. Use black to paint straight lines on the paper. Make them short and just big enough to be the butterfly's body.
3. Use your thumb and place it in the paint that you want to use for the butterfly wings. (If you want to challenge yourself, dip your thumb in one colour of paint and then dip a small part of your thumb in a different colour.)
4. Gently press your thumb down to create the four parts of the butterfly's wing. Repeat for each butterfly and then paint on antennae.
5. To finish the painting add a sun, grass, flowers or whatever you would like for the background.

Here is an example of a butterfly half done:



Directions for a turkey painting - Do this outside!

1. In the large tray (or on an old table or place down newspaper or plastic splash mat) place the paper.
2. Use brown paint for the body. Paint the palm of your hand and some of your thumb brown.
3. Paint each of the fingers a different colour, autumn colours like yellow, orange and red looks great but you can choose colours you like.
4. Gently but firmly press your hand down onto the paper. Try not to move them on the paper, as this will smudge the painting.
5. To finish the painting add a sun, grass, hay or whatever you would like for the background.

Directions for a peacock painting - Do this outside!

1. In the large tray (or on an old table or place down newspaper or plastic splash mat) place the paper.
2. Start by painting both of your hands with a green paint.
3. Gently press your hands down together with the fingers pointing out like a peacock with its tail sticking up.
4. Use black to paint on the body of the peacock at the spot where the hands meet together.
5. At the end of each tail feather use your thumb dipped in a turquoise or aqua colour to make the big eye of the feather. You can dip it in one colour and then dip the tip of your thumb in a metallic colour to add some sparkle.
6. To finish the painting add a sun, tree, bright flowers or whatever you would like for the background.

Did you know that the 8th of April (last Wednesday) was World Draw a Picture of a Bird Day? What other birds can you create? Maybe you can create a whole aviary of birds! Share your paintings with us via the [GGTV Forum](#)!

Making an activity booklet for friends or family

1. Use 3-4 pages of plain white A4 paper and fold in half to make a booklet.
2. Create a different activity on each page. You might like to include a crossword and/or word search, space for drawing, dot-to-dot, colour-by-number, recipe or even some of the GGTV activities!
3. Send this to a friend or family member who is bored while stuck at home.
4. Make sure to put some ideas in the [GGTV Forum](#) for us all to share.

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