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# GUIDING, IN YOUR POCKET!



## EXTRA PROGRAM IDEAS

Here are some ideas you can use in your Virtual Unit Meeting.

### **Fits in a Sock scramble**

In a set amount of time, gather as many things in your house that you can use to donate (with your parent/guardian's permission) to a "Fits in a Sock" project. If you have been able to collect a range of items to be included, then you can pack your socks at home. Otherwise, put your items aside in safe space, and pack them as a Unit once the Unit is meeting in the Hall again. How many "*Fits in the Sock*" donations can your Unit make?

### **Kindness Cards**

Make and decorate a card with uplifting quotes or messages for nursing home residents who are isolated from their families at this time. You could send your card directly to a local nursing home, or your Unit may organise for them to be collected and sent as a package.

### **Essential Service Cards**

Make a card for an essential worker to say thank you for looking after their community at this time. Essential workers may include those involved in health care and emergency services. Can you think of any other essential workers?

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