

CREATED BY GIRLS, FOR GIRLS

GUIDING, IN YOUR POCKET!



SEGMENT INSTRUCTIONS

Fits in a Sock

Materials

- 1 x clean, old, long sock
- Selection of donatable goods to fit inside the sock
Examples include...
 - Chocolate bar
 - New lip balm
 - Small shampoo/conditioner
 - Dental floss
 - Muesli bar etc.

Instructions

- Get a clean, old, long sock.
- Collect items to donate that fit inside of the sock.
- Stuff the sock with all items
- Tie with a ribbon and attach a handmade card with a special message to lift someone's day.
- Drop off at a homeless centre, women's shelter, refuge centre or similar.

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