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# GUIDING, IN YOUR POCKET!



## WEEKLY CHALLENGE

### Good Deed per day

This week's challenge is to do something special each day to make someone else smile. This will not only lift their spirits but also make you feel special and proud.

Examples include...

- Cooking dinner for your family
- Paying it forward by paying for a coffee for a health care worker
- Drawing messages to your neighbours on the streets
- Donating old sleeping bags/blankets to a homeless shelter
- Mopping the floor
- Facetiming your elderly relatives to check in on them

What else can you think of?

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