

CREATED BY GIRLS, FOR GIRLS

# GUIDING, IN YOUR POCKET!



## **BADGE LINK: Explore a Challenge**

By making a Connection Calendar, you could use this towards any of the following Explore a Challenge badges:

### **Friendship**



Create your own challenge to widen your understanding of friendship by actively keeping connected with your friends and showing them how important they are to you.

### **Health and Fitness**



Plan your own challenge to widen your understanding of health and fitness by actively showing how keeping connected with our family and friends helps us emotionally and mentally.

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