



## EXTRA PROGRAM IDEAS

### Growing Veggies from Scraps

Did you know that some vegetable plants can be grown from vegetable scraps? It's usually much faster to grow plants from scraps than to start with a seed.

Try planting...

- Lettuce hearts (the middle bit you don't eat)
- Old potatoes
- The bottoms of spring onions
- The bottoms of celery

What else can you find to try? Have fun experimenting!

