



## SEGMENT INSTRUCTIONS

### Be Prepare Kit

Make a Be Prepared Kit for staying home in isolation. You could use a shoe box or a lunch box or something similar, and include:

- things to do when you're bored,
- things to comfort you when you're stressed or upset, and
- things to help you focus and be mindful.

### ANZAC Day Wreath

Make a wreath to commemorate ANZAC Day, and display it somewhere public. You could use cardboard, coloured paper, wool... What else?

### Make a Peace Dove

Make a Peace Dove like the Guides in New Zealand ([check out the instructions here](#)). Display it in your window or somewhere else visible.

### Fun with Languages

Find out how many languages your Unit can speak – you might be surprised! What about the people in your family? Your class at school? Learn some new ways to say hello!

