

Can I go to Girl Guides if...?

At Girl Guides Victoria, our goal is to keep our members safe and healthy. Use the chart below to answer some commonly answered questions about whether it is safe for you to attend in-person Girl Guiding activities OR if you should stay at home.

The below chart does not override any instructions provided by a medical professional. It is informed by advice available on 8 December 2021, which is subject to change at any time.

Please note the following definitions from <https://www.coronavirus.vic.gov.au/checklist>:

- **Household contacts:** You must quarantine at home (for 7 days if fully vaccinated and for 14 days if not fully vaccinated). A household contact is someone who lives with a diagnosed person or has spent more than four hours with them in a house, accommodation or care facility.
- **Social contacts:** You are strongly recommended to get a standard (PCR) test at a testing centre and isolate until you get a negative result. You are a social contact if you have spent time with someone (who doesn't live with you) who has COVID-19.
- **Education or workplace contacts:** You must isolate immediately from the time you are notified you are a an education/workplace contact, get a PCR test within 24 hours of being notified and continue to isolate until you receive a negative result. You are an education contact if you or your child went to school, or childcare (including early childhood education) and was in the same indoor space with someone who has COVID-19. A workplace contact is a worker (including subcontractors) who was in the same indoor space with another worker who had COVID-19.

What if...	Can I go to Girl Guides tonight?	When can I return to Girl Guides?
I am waiting for COVID-19 test results?	No (unless you are being tested as part of routine screening)	Once you have received a negative test result AND have been symptom-free for 48 hours. If you have been identified as a household contact, you must wait until you have been released from isolation by the Department of Health.
I have tested positive for COVID-19?	No	After you have been released from isolation by the Department of Health AND you have been symptom-free for 48 hours.

I received negative test results and am symptom free?	Yes (unless you are a household contact)	If you have been identified as a household contact, you must wait until you have been released from isolation by the Department of Health.
I received negative test results but still have symptoms? (e.g. runny nose, sore throat)	No	48 hours after your symptoms have cleared up. If you have been identified as a household contact, you must wait until you have been released from isolation by the Department of Health.
My symptoms are a result of a known pre-existing condition? (e.g. asthma or seasonal allergies)	Yes BUT you must inform your Unit Leader of your condition prior to attending Girl Guides	N/A
Someone who lives in my household has symptoms? (e.g. runny nose, sore throat)	Yes IF they have a negative COVID-19 test AND you have no symptoms of your own	48 hours after their symptoms have cleared up, provided they have not tested positive for COVID-19 AND you have no symptoms of your own.
Someone who lives in my household is waiting for COVID-19 test results?	If they have symptoms: No If they do not have symptoms: Yes	Once they have received a negative test result AND you have no symptoms of your own.
I am a household contact?	No	After you have been released from isolation by the Department of Health.
I am a frontline worker and work with people who have a respiratory illness or symptoms of a respiratory illness? (e.g. healthcare workers, paramedics etc.)	Yes	N/A