



EXTRA PROGRAM IDEAS

DIY Pamper Items

How many items in your pamper box can you make from scratch?

- Try baking something, like biscuits or brownies, as your snack.
- Write your own story or comic book to read.
- Are you good at knitting? Knit your own snuggly blanket or scarf to keep you warm!
- Melt together scraps of wax from old candles to make a new candle.
- Make a DIY facemask! Here are some ideas:
 - Avocado, yoghurt, and honey for a hydrating mask
 - Honey, cinnamon, and lemon for a calming mask
 - Brown sugar and coconut oil for an exfoliating mask

