



## PAMPER NIGHT

### You will need:

- Box/basket
- Nail polish
- Nail file
- Candle
- Book
- Scrunchie
- Facemask
- Snack
- Blanket

### What to do:

1. Grab your basket or gift box. You could even decorate an old shoebox.
2. Fill with your favourite pampering essentials (facemasks, book, snack etc.).
3. Find a comfy space in your house and make it cosy by lighting a candle and laying out your favourite blanket.
4. Before getting too comfortable, head to the bathroom to put on a facemask and paint your nails.
5. Keep the facemask on for the specified time (while your nails dry!), and then wash your face.
6. Head back to your cosy space. Grab your book, wrap yourself up in your blanket, and enjoy your relaxing pamper night!

