



## Bath Bombs

### You will need:

- ½ cup baking soda
- ¼ cup citric acid
- ¼ cup Epsom salt
- ¼ cup corn-starch
- Liquid food colouring
- 2½ tablespoons almond oil or melted coconut oil
- ¾ tablespoons water
- 15-20 drops essential oil
- Silicone moulds

### Instructions:

1. In a medium bowl, mix together the dry ingredients: baking soda, citric acid, Epsom salt, and corn-starch.



2. Add a few drops of food colour. Whisk gently to combine.
3. In a separate small bowl, mix together the wet ingredients: oil, water, and essential oil.
4. Add the wet ingredients to the dry ingredients very slowly. This is very important: otherwise you will activate the citric acid which is used to create the fizzing affect.
5. Mix until combined, and the ingredients look like wet sand.



6. Press the mixture firmly into the moulds.



7. Let the bath bombs dry for 24 hours.



8. Pop the bombs out of the moulds.

9. Now they are ready to be enjoyed in the tub!

