



GIRL GUIDES
AUSTRALIA
VICTORIA



RIVER & WIMMERA REGIONS CAMP 2026

11 - 13 SEPTEMBER

EVENT INFORMATION BOOKLET

Contact Information



Event questions: river@guidesvic.org.au



Registration questions: events@guidesvic.org.au



GENERAL INFORMATION

WHO AND WHAT

The River & Wimmera Regions Camp offers two exciting camp experiences running alongside one another over the same weekend. The program has been designed so Guides of all ages can participate in an age-appropriate adventure while building friendships across both Regions.

Guides from all Regions across Victoria are welcome to attend, provided they are accompanied by an appropriate Guiding Adult. While this camp is primarily being delivered for the River and Wimmera Regions, we are delighted to welcome participants from further afield.

Guides can join us for either the **Indoor Adventure Camp (5-10 years old)** or the **Outdoor Adventure Camp (10+)**. There is also an option for 5-10 year olds to attend just the day trip to Ballarat Wildlife Park.

WHEN

Friday 11 September – Sunday 13 September

Arrival: 6pm – 7pm (Guides should have eaten dinner before arriving)

If you expect to arrive after 7 pm, please notify the Leader in Charge (Camp specific contact below) before arriving.

Departure:

- Indoor Adventure Camp: 10:30 – 11 AM
- Outdoor Adventure Camp: 12:30 – 1 PM

WHERE

Lingbogol Guide Campsite, Geddes Road, Creswick VIC

COST

Youth registration:

- Indoor Adventure Camp (5-10 Years): \$110
- Outdoor Adventure Camp (10+ Years): \$80
- Saturday Day Visitor – Ballarat Wildlife Park: \$50

Adult registration: Free

**Registrations will close Monday 31 August @ 11:59PM
unless sold out sooner**



GENERAL INFORMATION

QUERIES

For questions regarding **registrations**, please contact events@guidesvic.org.au.

For questions regarding Indoor Adventure Camp **registrations**, please contact Rachel Sutton (Leader in Charge) at Rachel.Sutton@guidesvic.org.au.

For questions regarding Outdoor Adventure Camp **registrations**, please contact Belinda Pritchard (Leader in Charge) at Belinda.Pritchard@guidesvic.org.au.

FORMS

Please download the Health Form through the portal and bring along a completed hard copy to the event. For instructions on how to download please see [here](#).

CANCELLATIONS

Please refer to the Girl Guides Victoria Event Policy in the [Member Portal](#).

CATERING

All meals are provided throughout the weekend.

Friday evening dinner is **not** provided.



GENERAL INFORMATION

REGISTRATION

Guides do not need to attend as an existing patrol. Patrols will be formed at camp where required.

Youth Member Registrations

Each Guide **must attend with a Guiding Adult from their Unit**. This can be a Unit Leader, assistant or Unit volunteer.

- **Pre-registration:** please speak with your Unit Leader or Guiding Adult and confirm that an appropriate Guiding Adult will also be attending camp. You will be asked to provide the name of your Guiding Adult during registration.
- **Registration:** please add the name of your Guiding Adult to the registration form.
- **Following registration:** please complete the Camping Experience Form with your Guiding Adult, indicating your Guide's current camping experience and confidence level.
- Indoor Adventure Camp Youth Form – click [here](#).
- Outdoor Adventure Camp Youth Form – click [here](#).

This information assists our Camp Team in planning patrols, activities and support so that every Guide has the best possible camp experience.

Adult Volunteer Registrations

If you are registering as a Guiding Adult, we'd love to know how you would like to help during the weekend. Please indicate this on registration.

- Indoor Adventure Camp Adult Form – click [here](#).
- Outdoor Adventure Camp Adult Form – click [here](#).

Please note that Indoor Camp volunteer places are limited so please sign up soon and indicate if you are interested in indoors. We are seeking as many volunteers as possible for the Outdoor Camp and warmly encourage anyone interested to register.



CAMP OPTIONS

Please note, Guides that are 10 years old will have the option to select either the indoor or outdoor camp.

INDOOR ADVENTURE CAMP

This camp is for guides aged **10 years and under**, and will include indoor accommodation.

Program Highlights

- Full-day excursion to Ballarat Wildlife Park with private coach transport
- Wildlife encounters and educational experiences
- Camp games, crafts and creative activities
- Campfire (weather permitting)
- Team challenges
- Friendship and Guiding activities

OUTDOOR ADVENTURE CAMP

This camp is for Guides aged **10+ years** and will include outdoor patrol camping. Tents will be provided for participants, so Guides do not need to bring their own tent.

Program Highlights

- Patrol camping and assessment experience
- Outdoor cooking
- Campcraft
- Tent pitching and campsite setup
- Leadership and teamwork activities
- Campfire (weather permitting)
- Archery (subject to availability)
- Mobile bouldering wall (subject to availability)
- Outdoor games and challenges

Participants should have practised basic tent pitching and pack-down skills before attending camp, preferably at a Unit meeting, Unit camp or other Guiding activity. This should include becoming familiar with basic camping equipment and simple skills such as safely using a mallet and tent pegs and helping to set up and pack down a tent. Participants will continue to develop and practise these skills as part of the Outdoor Adventure Camp program.



CAMP OPTIONS

SATURDAY DAY VISITOR – BALLARAT WILDLIFE PARK

Includes

- Return bus transport from Lingbogol Campsite
- Entry to Ballarat Wildlife Park

Arrival & Collection

- Arrive at Lingbogol Campsite by 8:30 am.
- Parents/carers to collect their Guide from Lingbogol Campsite at 5:00 pm.

What to Bring

As this is a day visit only, participants will need to bring:

- Their own lunch
- Snacks
- Drinks
- A full water bottle (please arrive with it already filled if possible)
- A day pack
- Girl Guide uniform
- Waterproof rain jacket
- Sturdy closed-toe shoes
- Hat
- Beanie



TRANSPORT AND ACCOMMODATION

LOCATION AND ARRIVAL

Before You Arrive

- Guides should **eat dinner before** arriving at camp on Friday evening. If this is not possible due to travel arrangements, Guides may bring their **Friday evening meal** with them to eat on arrival. Please do not bring any other food or snacks to camp.
- All other meals and snacks are provided throughout the weekend.
- Mobile phone coverage can vary around the campsite, so please ensure you have confirmed arrival arrangements before travelling.
- Following the directions below via Broomfield Road will take you directly to the campsite entrance.

Getting to Lingbogol Guide Campsite

The campsite is located approximately 3.5 km north of the Creswick township (around a 5-minute drive) and approximately 20 km from Ballarat. It is situated on a peaceful bush property owned by Girl Guides Victoria.

For the easiest navigation, enter either of the following into your GPS or Google Maps: Lingbogol Guide Campsite, Creswick VIC or Corner of Broomfield Road & Geddes Road, North Creswick VIC

Arrival at Camp

Please drive through the entrance gates into the main car park and follow the directions provided by camp staff and volunteers.

For everyone's safety:

- Please observe the 10 km/h speed limit once inside the campsite.
- Be aware that Guides may be walking around the campsite during arrival and departure times.
- Follow any parking directions given by volunteers.
- Please do not drive beyond the designated parking area unless directed by camp staff.

Girl Guides Victoria recommends entering the campsite via Broomfield Road, then proceeding through the gates to the main car park.



HEALTH AND WELLBEING

MEDICATION

All personal medication (except asthma puffers and Epipens) must be:

- Handed in to your sub-camp First Aider (this includes pain killers like paracetamol and ibuprofen)
- In its original packaging in a snap-lock bag clearly labelled with: Guide's full name and dosage instructions
- Listed on the Health Form

Girl Guides Victoria Volunteers are not permitted to issue any medication to Girl Guides without the consent of their parent/guardian.

If you have any questions or concerns about health & first aid at camp, including if you are worried about sleeping in a tent, please contact your Indoor/Outdoor Camp LIC as soon as possible to discuss.

MOBILE PHONE, TECHNOLOGY, AND VALUABLES

Camps are designed as an opportunity to get to know others, enjoy fun activities, and experience the outdoors.

If phones or other devices are brought to camp, we recommend the following:

- It is the camper's own risk and responsibility
- Permission is always sought by the Leader in Charge before photos are taken or phones used.
- All social media posts are made in line with GGV's Social Media Policy.
- Devices required for accessibility, communication, medical, or additional support needs must be discussed with the camp team prior to camp.

Please note that Girl Guides Victoria cannot take responsibility for the safekeeping of phones or other devices.



KIT LIST

- Guides need to bring appropriate clothing for all weather conditions, **DO NOT** bring your best clothes to camp.
- Remember you **MUST** label everything, lost property will be collected after camp.
- Your **raincoat** will need to be **fully waterproof** with hood (long enough to provide good coverage). A puffer jacket or warm jacket is not waterproof and does not replace a raincoat."
- **Indoor Adventure Camp Guides** are encouraged to be involved in packing their bag with an adult. Use the visual kit list together and encourage your Guide to help choose, pack and identify their belongings. Learning what to bring to camp and where things are packed is an important part of developing camping skills.
- **Outdoor Adventure Camp Guides** are required to pack their own bag using the kit list. Guides should seek help from an adult where required, but should be actively responsible for packing and knowing what equipment and clothing they have brought to camp.

CLOTHING

- ☐ 2 x T-shirts (cover shoulders) including Guide T-shirt
- ☐ 1 x jeans or pants
- ☐ 1 x trackpants
- ☐ Jacket/raincoat (long enough to sit on and **fully waterproof**)
- ☐ 1-2 x Warm jumper/fleece (guide jacket okay)
- ☐ Pyjamas/thermal sleepwear
- ☐ Underwear and Socks (enough changes, recommend 3x each)
- ☐ Closed-toe sturdy shoes
- ☐ Spare shoes (runners/boots)
- ☐ Beanie and Sun hat (wide brim or bucket hat)
- ☐ Thongs (for wearing in the shower only)



KIT LIST

TOILETRIES

In a snap lock bag or toiletries bag

- ☐ Toothbrush and toothpaste
- ☐ Towel and face washer
- ☐ Deodorant (no aerosols)
- ☐ Hairbrush and hair ties/bobby pins, etc.
- ☐ Sanitary products (if applicable)
- ☐ Soap, shampoo and conditioner
- ☐ Health form, medications, medical management plans
- ☐ Insect repellent (no aerosols)

OTHER

- ☐ Day pack/small backpack
- ☐ Drink bottle (minimum 600 ml and named)
- ☐ Sunglasses
- ☐ Torch or headlamp and spare batteries
- ☐ Sit upon (small square of waterproof material (e.g. a piece of tarp or similar, large enough to sit on))
- ☐ Bag for dirty/wet clothing
- ☐ Pen/pencil and small notebook
- ☐ Personal first aid kit (including; sunscreen, lip balm & band-aids)
- ☐ Hand sanitiser and tissues
- ☐ Friday night dinner only if not able to eat before due to travel arrangements



KIT LIST

DILLY BAG (MESS KIT – DRAWSTRING CLOTH BAG)

Please name all items

- ☐ Plate/bowl
- ☐ Mug/cup
- ☐ Knife, fork and spoon
- ☐ Tea Towel
- ☐ Sponge for washing dishes

SLEEPING GEAR – INDOORS

- ☐ Pillow with pillowcase
- ☐ Sleeping bag
- ☐ Camp blanket (prefer woollen for campfire safety)
- ☐ Fitted sheet or bottom sheet for mattress
- ☐ Small teddy/toy (optional and not something irreplaceable)

SLEEPING GEAR – OUTDOORS

In a bedroll, or packed neatly in a bag

- ☐ Pillow with pillowcase
- ☐ Sleeping bag (suitable for cold-weather camping)
- ☐ Camp blanket (prefer woollen for campfire safety)
- ☐ Sleeping mat/camping mattress
- ☐ Tarp
- ☐ Rope (to use for bed roll)
- ☐ Small teddy/toy (optional and not something irreplaceable)

